



THE COLLECTIVE NEWSLETTER

Winter/Spring Issue #2

A Conversation With the Editor

Welcome back to our quarterly newsletter! Although this is, in fact, the shortest month of the year, it is still the most monumental, profound, insightful and inspiring.

We are reintroduced to honoring Black History Month, we remember what healthy love truly is with Valentine's Day and we bring heart health awareness to American Heart month.

This issue is very near and dear to my journey of discovery because I actually surprised myself. As I learn and grown on my newsletter path, in my researching and findings, I always learn something new or unexpected. And I always make it a task to write about things that I am very unfamiliar with.

So whether you are interested in learning something new or old, this issue will make you uncomfortable, be a friendly reminder of information you may have already known and help give you closer look into The Collective.



Upcoming Events

Saturday, April 11, 2026 | Anacostia Park (Washington, DC) Community Event

Saturday, June 20, 2026 | 6th Annual PA & Ham-Nuk Cookout (Cameron, SC) Community Event

Saturday, September 05, 2026 | 4th Annual Sunflower Births (Greenville, SC) Community Event

Let's Stay Together: Ways We Can All Stay Healthy, Strong and Fit Together This Year

"Loving you whether, whether times are good, bad, happy or sad..." Al Green may have been on to something. With Valentine's Day behind us, let's remember that it's just one day, but you have only, one you for a lifetime. So let's celebrate loving, healing and strengthening our communities this year. And it starts with becoming or enhancing a better you!

No matter who you are, life can be stressful, frustrating and often conflicting at times. So how do we release and relax, it's simple...exercise. Whether you do your own personal workout or join classes, according to the Mayo Clinic, exercise combats health conditions, improves moods and energy, and promotes better sleep.

Here are some helpful tips on how we can stay healthy...together:

You don't have to do it alone...Get a Trainer.

You may often feel overwhelmed having to plan out a routine.

Get help doing the heavy lifting. Hire a trainer to help support your health and wellness journey.

If you are unable to afford a trainer, try working out with an accountability partner or friend.

Join a class every so often.

Of course it may not be affordable to attend classes multiple times a week. But a class once or twice a month could help you form a sense of community and build a sense of self-esteem.

Get uniquely social.

There are so many ways to exercise as a community in different ways...aerobics, a dance class like Zumba or Salsa, or try something new like a soccer or boxing lessons, to keep it fresh.

You are not alone. So get out there and be active together.



The Beginning of a Legacy:

Q&A - A Moment with the Founder

What If...Remembering Black History



What if Black Wall Street existed today?

It sort of makes you think...would you support Black Wall Street? Would you visit it to see what it was all about? Or would it be like many black owned businesses we see today, lacking the support necessary to thrive...

Black Wall Street, one of the many, was an instrumental black community based in Tulsa, Oklahoma (Greenwood) during the early 1900s. It was an affluent community comprised of all types of black owned businesses. O.W. Gurley arrived in Tulsa from Arkansas, purchased over 40 acres of land, and sold it to only African American families.

In 1921, it was reported by the Tulsa Tribune that an African American man attempted to rape a Caucasian woman. Instead of waiting for the investigation, Black Walk Street took the brunt of it all. It was violently rioted and looted for two days...Thirty-five city blocks went up in flames, 300 people died, and 800 were injured.

Although many have tried, we haven't quite gotten another like it.

We remember Black Wall Street.



◦ Who are you?

Who am I, that's a good question? I'm a husband, I'm a father, I'm a friend...a veteran. I'm a person that loves to give. I'm a facilitator. I just like to be a champion for people who inspire to be better.

◦ How did the Living Legacy Collective non profit come about?

Living Legacy came about from just personally trying to get my family and community together. And once I started talking to my family, friends and the community I saw that there were certain needs that needed to be met.

◦ What are some of the major needs in the community?

One of the major ones I saw were financial literacy. Even with financial literacy, I saw the need for, then, education. With education, you have to take what you learn and turn it into action. I noticed in our community we need to support our under supported and underserved.

◦ Why do think non profits get a bad wrap?

I think that most people need to see something tangible when donating. Speaking for ourselves, there are so many behind the scenes, personal relationships that are sowed. We as a collective {The Collective} do a lot of work with friends and the community... that pays it forward.

If I know something, I'm sharing it with the next man. We can all eat.

◦ If you had the funding, how would you invest it?

I would create scholarships for high school and college students. I would also have more events and gatherings for collaboration and togetherness. To show that we are here to help and listen. And provide, services, seminars, retreats...youth camps, you name it.

◦ If someone is interested in donating, (time, services or resources), how can they reach out?

Please visit our website www.livinglegacycollective.org or email us at info@livinglegacycollective.org

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Thank You for Reading!